

Pocket Pal

Services for the Homeless • Virginia Beach, VA

Information

Police Dispatch	385-5000
Department of Human Services	
3432 Virginia Beach Blvd.....	437-3200
Child Protection Services.....	800-552-7096
Adult Protection Services.....	888-832-3858
Advocacy for Homeless School Children	263-2300
Department of Housing and Neighborhood	
Preservation (includes Section 8).....	385-5750
Department of Rehabilitative Services	683-8440
Legal Aid	552-0026
Social Security Administration	
2875 Sabre St. (Lynnhaven).....	498-8726
Toll-free.....	800-772-1213
Immigration Office	800-375-5283
United Way Hotline	853-8500

Emergency Shelter

Volunteers of America/ The Lighthouse Center	
825 18th Street, Virginia Beach, VA 23451	
Office line.....	437-4911
Lobby line.....	437-4872
Drop-in Center/Day Support Services	
Monday through Friday 8:00 am- 6:00 pm	
Winter Shelter	
Emergency shelter for adult men and women (Winter months only)	
Judeo-Christian Outreach Center	
1053 Virginia Beach Blvd.....	491-2846
Emergency housing for men, women, and families	
FORKIDS Inc.- Haven Housing	
131 D View Ave, Norfolk.....	587-4202
Emergency Housing for families with children	
Union Mission (Norfolk)	
Men's Shelter.....	627-8686
Women's Shelter.....	623-0642
Salvation Army	
203 W. 19th St. Norfolk.....	622-3471
VBCDC (Virginia Beach)	463-9516
Emergency and transitional housing	
Samaritan House	631-0710
Emergency and transitional housing for victims of violence and homeless families	

Meals

Potter's House (Lunch)	
Pacific and 18th St, (behind the Domino's Pizza)	
Tuesday and Thursday	9:30am-12:00pm
Star of the Sea (Lunch)	
Corner of 15th St and Pacific Avenue	9:30am- 12:00pm
Judeo-Christian Outreach Center (Hot Meals)	
1053 Virginia Beach Blvd	
Monday through Friday	6:00pm
Saturday, Sunday, and Holidays	3:00pm

Health Services

Beach Health Clinic (call for Appointment)	
3396 Holland Rd.....	428-5601
Virginia Beach Health Department	
4452 Corporation Lane.....	518-2700
TACT (HIV/AIDS Services)	
9229 Granby St, Norfolk.....	583-1317

Temporary Employment (Daily Pay - ID Required)

Allied Forces Temp	
6056 Virginia Beach Blvd.....	466-7889
Labor Ready	
1018 Clarence St., Norfolk.....	461-7733

Employment Services

Virginia Employment Commission	
5145 Virginia Beach Blvd, Norfolk, VA.....	455-3900
OPP, Inc.	
861 Glen Rock Rd., Ste. 223 (Norfolk).....	461-7537
Step Up, Inc. (Life skills and employment assistance for ex-offenders)	
7510 Granby St., Norfolk.....	588-3151

Mental Health Services

National Counseling Group	
	467-8184
Va. Beach Department of Human Services	
Emergency Services (For emergencies).....	385-0888
Pembroke 3 (Information and Intake).....	385-0511
Magic Hollow (Case Management).....	385-8222
PATH Outreach.....	636-3160
Project Link.....	385-0810
Suicide Crisis Center	622-1126
Suicide Crisis Hotline	627-5433
Virginia Beach Psychiatric Hospital	496-6000
Nat'l Suicide Hotline	1-800-273-TALK

Substance Abuse Help

Va. Beach Department of Human Services	
Recovery Center/Detox.....	385-6950
Pembroke 6.....	385-0600
Salvation Army Alcohol Rehabilitation Center	499-0032

Veteran Services

Veteran Affairs Medical Center	722-9961
VASH (Housing service for Homeless Veterans)	
Vets House (Transitional House for Veterans)	
425 Oaksmear Crescent.....	724-8614
Veterans' Outreach	623-7584

Domestic Violence

Samaritan House/ Safe Harbor (office)	631-0710
Samaritan House Crisis Line	430-2120
YMCA- Women in Crisis (Norfolk)	625-5570
HER Shelter (Portsmouth)	485-1445
HER Shelter Crisis Hotline	485-3384

Runaway/Youth Services

Seton Youth Shelter	498-4357
(Emergency shelter for Youth & Safe Place)	
National Runaway Switchboard	800-621-4000
Stand Up for Kids	567-9888

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